

## Package leaflet: Information for the user

**Vardenafil STADA 5 mg filmomhulde tabletten**  
**Vardenafil STADA 10 mg filmomhulde tabletten**  
**Vardenafil STADA 20 mg filmomhulde tabletten**

Vardenafil hydrochloride trihydraat

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### **What is in this leaflet**

1. What [Product name] is and what it is used for
2. What you need to know before you take [Product name]
3. How to take [Product name]
4. Possible side effects
5. How to store [Product name]
6. Contents of the pack and other information

### **1. What [Product name] is and what it is used for**

[Product name] contains vardenafil, a member of a class of medicines called phosphodiesterase type 5 inhibitors. They are used for the treatment of erectile dysfunction in adult men, a condition which implies difficulties in getting or keeping an erection.

At least one in ten men has trouble getting or keeping an erection at some time. There may be physical or psychological causes, or a mixture of both. Whatever the cause is, due to muscle and blood vessel changes not enough blood stays in the penis to make it hard and keep it hard.

[Product name] will only work when you are sexually stimulated. It reduces the action of the natural chemical in your body which makes erections go away. [Product name] allows an erection to last long enough for you to satisfactorily complete sexual activity.

### **2. What you need to know before you take [Product name]**

#### **DO NOT take [Product name]**

- If you are allergic to vardenafil or any of the other ingredients of this medicine (listed in section 6). Signs of an allergic reaction include a rash, itching, swollen face or lips and shortness of breath.
- If you are taking medicines containing nitrates, such as glycerol trinitrate for angina, or nitric oxide donors, such as amyl nitrite. Taking these medicines with [Product name] could seriously affect your blood pressure.
- If you are taking ritonavir or indinavir, medicines used to treat human immunodeficiency virus (HIV) infections.
- If you are over 75 years of age and are taking ketoconazole or itraconazole, anti-fungal medicines.
- If you have a severe heart or liver problem.

- If you are having kidney dialysis.
- If you have recently had a stroke or heart attack.
- If you have or have had low blood pressure.
- If your family has a history of degenerative eye diseases (such as retinitis pigmentosa).
- If you have ever had a condition involving loss of vision due to damage to the optic nerve from insufficient blood supply known as non-arteritic ischemic optic neuropathy (NAION).
- If you are taking riociguat. This drug is used to treat pulmonary arterial hypertension (i.e., high blood pressure in the lungs) and chronic thromboembolic pulmonary hypertension (i.e., high blood pressure in the lungs secondary to blood clots). PDE5 inhibitors, such as [Product name] have been shown to increase the hypotensive effects of this medicine. If you are taking riociguat or are unsure tell your doctor.

### **Warnings and precautions**

Talk to your doctor or pharmacist before taking [Product name].

### **Take special care with [Product name]:**

- If you have heart trouble. It may be risky for you to have sex.
- If you suffer from irregular heart beat (cardiac arrhythmia) or inherited heart diseases affecting your electrocardiogram.
- If you have a physical condition affecting the shape of the penis. This includes conditions called angulation, Peyronie's disease and cavernosal fibrosis.
- If you have an illness that can cause erections which won't go away (priapism). These include sickle cell disease, multiple myeloma and leukaemia.
- If you have stomach ulcers (also called gastric or peptic ulcers).
- If you have a bleeding disorder (such as haemophilia).
- If you are using any other treatments for erection difficulties, including vardenafil orodispersible tablets (see section: Other medicines and [Product name]).
- If you experience sudden decrease or loss of vision, stop taking [Product name] and contact your doctor immediately.

### **Children and adolescents**

[Product name] is not intended for use by children or adolescents under 18.

### **Other medicines and [Product name]**

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

Some medicines may cause problems, especially these:

- Nitrates, medicines for angina, or nitric oxide donors, such as amyl nitrite. Taking these medicines with [Product name] could seriously affect your blood pressure. Talk to a doctor without taking [Product name].
- Medicine for the treatment of arrhythmias, such as quinidine, procainamide, amiodarone or sotalol.
- Ritonavir or indinavir, medicines for HIV. Talk to a doctor without taking [Product name].
- Ketoconazole or itraconazole, anti-fungal medicines.
- Erythromycin, or clarithromycin, macrolide antibiotics.
- Alpha-blockers, a type of medicine used to treat high blood pressure and enlargement of the prostate (as benign prostatic hyperplasia).
- Riociguat.

Do not use [Product name] film-coated tablets combined with any other treatment for erectile dysfunction, including vardenafil orodispersible tablets.

### **[Product name] with food, drink and alcohol**

- You can take [Product name] with or without food – but preferably not after a heavy or high-fat meal as this may delay the effect.

- Don't drink grapefruit juice when you use [Product name]. It can interfere with the usual effect of the medicine.
- Alcoholic drink can make erection difficulties worse.

### **Pregnancy and breast-feeding**

[Product name] is not for use by women.

### **Driving and using machines**

[Product name] might make some people feel dizzy or affect their vision. If you feel dizzy, or if your vision is affected after taking [Product name] don't drive or operate any tools or machines.

## **3. How to take [Product name]**

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is 10 mg.

Take a [Product name] tablet about 25 to 60 minutes before sexual activity. With sexual stimulation you may achieve an erection anywhere from 25 minutes up to four to five hours after taking [Product name].

Swallow one tablet with a glass of water.

**Do not take [Product name] film-coated tablets** with any other forms of vardenafil.

**Do not take [Product name]** more than once a day.

Tell your doctor if you think [Product name] is too strong or too weak. He or she may suggest a switch to an alternative [Product name] formulation with a different dose, depending on how well it works for you.

### **If you take more [Product name] than you should**

Men who take too much [Product name] may experience more side effects or may get severe back pain. If you take more [Product name] than you should, tell your doctor.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them. Most of the effects are mild or moderate.

Partial, sudden, temporary or permanent decrease or loss of vision in one or both eyes has been experienced by patients. Stop taking [Product name] and contact your doctor immediately.

Sudden decrease or loss of hearing has been reported.

The chance of having a side effect is described by the following categories:

**Very common** (may affect more than 1 in 10 people):

- Headache

**Common** (may affect up to 1 in 10 people):

- Dizziness
- Flushing
- Blocked or runny nose
- Indigestion

**Uncommon** (may affect up to 1 in 100 people):

- Swelling of skin and mucous tissue including swollen face, lips or throat
- Sleep disorder
- Numbness and impaired perception of touch
- Sleepiness
- Effects on vision; redness of the eye, effects on colour vision, eye pain and discomfort, light sensitivity
- Ringing in the ears; vertigo
- Fast heart beat or pounding heart
- Breathlessness
- Stuffy nose
- Acid reflux, gastritis, abdominal pain, diarrhoea, vomiting; feeling sick (nausea), dry mouth
- Raised levels of liver enzymes in your blood
- Rash, reddened skin
- Back or muscle pain; increase in blood of a muscle enzyme (creatine phosphokinase), muscle stiffness
- Prolonged erections
- Malaise

**Rare** (may affect up to 1 in 1,000 people):

- Inflammation of the eyes (conjunctivitis)
- Allergic reaction
- Anxiety
- Fainting
- Amnesia
- Seizure
- Increase pressure in the eye (glaucoma), lacrimation increased
- Effects on the heart (such as heart attack, altered heart beat or angina)
- High or low blood pressure
- Nose bleed
- Effect on results of blood tests to check liver function
- Sensitivity of the skin to sun light
- Painful erections
- Chest pain

**Very rare or not known** (may affect less than 1 in 10,000 people or frequency cannot be estimated from the available data):

- Blood in the urine (Haematuria)
- Penile bleeding (Penile Haemorrhage)
- Presence of blood in the semen (Haemospermia)

### **Reporting of side effects**

If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system](#) listed in [Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store [Product name]**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister or carton after "EXP". The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

### What [Product name] contains

- The active substance is vardenafil. Each tablet contains 5 mg of vardenafil (as vardenafil hydrochloride trihydrate).
- The active substance is vardenafil. Each tablet contains 10 mg of vardenafil (as vardenafil hydrochloride trihydrate).
- The active substance is vardenafil. Each tablet contains 20 mg of vardenafil (as vardenafil hydrochloride trihydrate).
- The other ingredients are:
  - Tablet core: cellulose, microcrystalline (E 460); crospovidone type A (E 1202); colloidal anhydrous silica (E 551); magnesium stearate (E 470b).
  - Film coat: polyvinyl alcohol (E1203); titanium dioxide (E171); talc (E553b); macrogol (E1521); methacrylic acid - ethyl acrylate copolymer; iron oxide yellow (E172); sodium hydrogen carbonate (E500 (ii)), iron oxide red (E172).

### What [Product name] looks like and contents of the pack

[Product name] 5 mg film-coated tablets are light yellow of 6 mm marked 'A719' on one side.

[Product name] 10 mg film-coated tablets are light yellow of 7 mm marked 'A721' on one side.

[Product name] 20 mg film-coated tablets are light yellow of 8.5 mm marked 'A723' on one side.

PVC/Aclar-Al blisters containing

[For NL/H/3835/001/DC] 4, 12 and 20 film-coated tablets.

[For NL/H/3835/002/DC] 2, 4, 8, 12, 20 film-coated tablets.

[For NL/H/3835/003/DC] 2, 4, 8, 12, 20 film-coated tablets.

Not all pack sizes may be marketed.

<[To be completed nationally]>

### Marketing Authorisation Holder and Manufacturer

*Marketing Authorisation Holder:*

STADA Arzneimittel AG

Stadastrasse 2-18

61118 Bad Vilbel

Duitsland

*Fabrikant:*

Actavis Ltd.

BLB015, BLB016, Bulebel Industrial Estate

Zejtun ZTN 3000

Malta

STADA Arzneimittel AG

Stadastrasse 2-18  
61118 Bad Vilbel  
Duitsland

STADA Arzneimittel GmbH,  
Muthgasse 36/2,  
1190 Wenen,  
Oostenrijk

STADA Nordic ApS.  
Marielundvej 46A  
2730 Herlev  
Denemarken

**In het register ingeschreven onder:**

Vardenafil STADA 5 mg filmomhulde tabletten - RVG 119649  
Vardenafil STADA 10 mg filmomhulde tabletten - RVG 119650  
Vardenafil STADA 20 mg filmomhulde tabletten - RVG 119651

**This medicinal product is authorised in the Member States of the EEA under the following names:**

Nederland	Vardenafil STADA 5/10/20 mg filmomhulde tabletten
Oostenrijk	Vardenafil STADA 5/10/20 mg Filmtabletten
Denemarken	Vardenafil STADA
Spanje	Vardenafilo STADA 5/10/20 mg comprimidos recubiertos con película EFG
Finland	Vardenafil STADA 5/10/20 mg kalvopäällysteinen tabletti
Italië	VARDENAFIL EG
Portugal	Vardenafil Ciclum
Zweden	Vardenafil STADA 5/10/20 mg filmdragerade tabletter

**Deze bijsluiter is voor het laatst goedgekeurd in november 2017.**